

Our first ever edition of ...

# GABLES

Bi-annual 2008

# GOSPIP

The  
bi-annual  
newsletter  
for  
Red Gables Nursing  
Home  
in Ilkley



# A word from the top

## Interview with the manager

**Name:** Heather Mary Furness

**Home Town:** Skipton.

**Family:** Husband Allan, Daughter Emma, Son Michael, Grandchildren Amy & Tommy, Son in law Steven.

**Hobbies:** Socializing , Dining out ,

**Reading** ( anything apart from romance).

**T.V Choices:** Australian soaps , American soaps & crime fiction.

**Favourite music:** Country, classical, most music as long as it is not swing or jazz!

**Favourite Holiday:** Going on cruises.

**Work history:** Since 1983 I have worked in care. Starting as a home help, then a carer in a nursing home. I became a trained nurse in 1992 and a manager in 1993.

**Most enjoyable aspect of this job:** Making a positive difference to the lives of the elderly.

**Where do you see yourself in the future:** Still at Red Gables working in a well established home.

# A Short Story

By Stephen Steptoe.



I approached his room with a little trepidation. I'd heard all about him and the way in which people seemed to bend over backwards to help him, Even opening the front door for him. I knocked and walked in. There he was, hair immaculate ,brushed and looking a little impatient. He fixed me with his piercing eyes whilst at the same time flicking his head towards his biscuits and opening his mouth although nothing discernable was heard. He duly started to eat them while I poured some fresh water. He ate all the biscuits and without so much as a sideways glance departed down the corridor towards the front door. I caught up with him and opened the door. Sandy walked out and down the steps looking for a place to relax and sleep.

Tough Life being a cat !!

Sandy is still at Red Gables with his owner John.

# Man to Mann

( A Chat with Ivan )

By Stephen Steptoe



Ivan has been at Red gables for over five years now.

He was born in Manchester.

At one time Ivan lived in Suffolk , during this period of his live he trained to become a herdsman.

Subsequently Ivan and his family moved to Ilkley and this was the start of a long career with the milk marketing board. Ivan's duties were to include the checking of farmers milk records and to over see the production of milk samples. Sadly for Ivan this was to end in redundancy.

Ivan appreciates the social activities that are part of Red Gables, but says that he is socially reluctant and would prefer to read a book or to watch television.

**Likes:** Dogs, Crispy Bacon and Fish and Chips

**Dislikes:** Sweet corn and processed peas.

## **Birthdays !**

Many Happy returns to those who have celebrated birthdays in the last three months : Ather , Hazel , Christina , Muriel and Tom



And all our thoughts go out to those who have lost a loved one in the last 12 months.

## **Up and coming events**

St Patrick's Day - March

Shopping trip-April

Boat trip-May

## **Past Events**

St Andrews Day , Christmas lunch at the cow & calf, Carol service and Christmas party - December.

Christmas fair - November

Pub Lunch, Fish & chips canal boat trip - September Fish and chips, Canal trip with picnic lunch - July Roundhay park, Tropical World, Mr and Mrs. Taylor's 70th Wedding Anniversary - June Canal boat trip to look at Bluebells - May Various singers throughout the year.

# The Gable End.

## Staff Achievements

Brian Simpson - NVQ2

Gus Dalamini - NVQ2

Jane Smith - NVQ2

Soso Nqxekeke - NVQ2

Joanne Phiri- NVQ2



Well done to all above and good luck to the two girls studying for NVQ3

Well done to the three members of staff who completed the dementia care course and good luck to those who are currently on with it.

Well done to Angela who completed a catheter care course and is now trained to insert a catheter.

Well done to all staff for completing all mandatory training such as fire, protection of vulnerable adults and moving and Handling and to the two seniors Sara and Angela for becoming moving and handling co-ordinators making it possible for us to have up-to-date training at all times.

Lastly well done to Tracey For becoming a senior carer.



We would like to say farewell and good luck to Bongani Dlamini who has gone back to Africa to gain more qualifications.

And finally Hello to Tracey Feather who has joined our care team.

*Gables Gossip*

*created by*

*Angela Parkinson*

*Tracey Shaw*

*Stephen Steptoe*

*Sara Mortimer*

*With thanks to*

*Ivan Mann*

*Heather Furness*

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